It is the intention of Wildlands Conservancy to continue providing high quality educational and fun activities and programs. The health and safety of our participants, staff and volunteers is our priority. It always has been and always will be.

Therefore, in order to provide transparency and appropriate communications Wildlands has developed this Health and Safety Plan for its in-person education programs, which includes summer camp, Bike & Boat Adventures and other community programs we provide. For school programs, we will comply with the formal policies of each school.

We cannot guarantee that you or your family members will not be exposed to COVID-19 while participating in our activities or visiting our facilities. It is not possible. We have put measures in place that are recommended by state and federal authorities to reduce the risk of the spread of COVID-19. The COVID-19 pandemic continues to evolve with new information reported regularly. With that in mind, Wildlands has the right to amend this plan in accordance with updated guidance from the Centers for Disease Control and Prevention (CDC) and other governmental entities such as the Pennsylvania Department of Health (DOH).

This is an extraordinary time for all of us. Thank you for your understanding and continued
support.

**RED PHASE**
Wildlands Conservancy will not be conducting any in-person education programs, including summer camp, during a Red Phase condition.

**YELLOW PHASE**
Wildlands Conservancy will not be conducting any in-person education programs, including summer camp, during a Yellow Phase condition.

**GREEN PHASE**
Wildlands Conservancy can conduct modified in-person education programs, including camps and Bike & Boat Adventures, during a Green Phase condition.

**Wildlands Conservancy Staff Requirements**

**Daily Health Checks for Staff and Volunteers**
- All staff and volunteers must check their temperatures before arriving to work. Anyone with a temperature ≥ 100.4°F and/or experiencing any symptoms of COVID-19 must stay home.
- We will ask that all staff and volunteers who display any signs of illness - fever and respiratory symptoms (cough, runny nose, sore throat, shortness of breath, fast breathing) to stay home.

**Face Coverings and Other Personal Protective Equipment**
- All Wildlands staff and volunteers are required to properly wear a face covering when inside and outside while near program participants. This includes inside the boathouse and restrooms and outside during safety talks, launching, on-water rescues, and checking safety gear.
- Wildlands will provide facemasks for staff and volunteers or they can provide their own that comply with CDC face covering guidelines.
- Face coverings must be maintained per CDC guidance.
- Sunglasses are encouraged to be worn as eye protection.
- Disposable gloves are to be worn if interacting with any participant or other staff member/volunteers’ bodily fluids, i.e. for first aid purposes.
Infection Controls

- Staff and volunteers are required to lead by example and practice strict hand washing and/or hand sanitizing hygiene at all times. This includes washing their hands with water and soap for at least 20 seconds or utilizing hand sanitizer numerous times throughout the day, most importantly before and after helping any guest with safety equipment.
- Good respiratory etiquette is required when sneezing, coughing or blowing nose by appropriately cover mouth and/or nose and immediately disposing of used tissues.
- Staff and volunteer members must wear gloves when assisting others with nose blowing, etc. and will dispose of used tissues immediately.
- Impacted surfaces will be cleaned, sanitized and disinfected throughout the day. Facilities will be routinely cleaned at the end of each program.
- Follow cleaning protocol for each piece of equipment.
  - Maintain “dirty” area with used equipment vs. “clean” area with properly cleansed equipment.
  - Color coded paddles so that guests are ONLY touching their specific equipment. This includes color coded tape on paddles to ensure that each guest is only using their own paddle for the duration of their trip.
  - Life jackets stay on for the duration of the trip and are to never come off.
  - Use garden/weed sprayers with 70% Isopropyl, undiluted alcohol solution to be able to clean equipment efficiently like PFD’s, helmets, contents of safety bags.
  - Use soap and sponges to wipe down large equipment like gunnels of canoes and handles of kayaks.
  - Use 70% Isopropyl, undiluted alcohol solution in spray bottles with paper towels to wipe down bike handles and paddles.

Social Distancing

- Staff and volunteers must adhere to social distancing guidelines as recommended by the Centers for Disease Control and Prevention (CDC) and Wildlands Conservancy policies.
- All staff and volunteers are expected to maintain at least 6-10 feet of personal space. A canoe provides a natural social distance while two participants are in the boat.
- All staff and volunteers are expected to ensure as much as possible the 6ft. social distancing guideline when conducting programs.
- Staff and volunteers will monitor indoor social distancing markings and report to their supervisor any markings that become damaged or displaced.
- If there is a time when 6 feet of social distancing cannot be maintained, all staff and volunteers are required to take all applicable actions to minimize the risk of spreading germs, including but not limited to the infection controls noted above.
- Staff and volunteers are required to limit the mixing between groups of program participants as best as possible.
- Usage of Wildlands vehicles will be limited to staff only, with only one staff member per each vehicle.
- Bike & Boat trips will be limited to a maximum of 14 participants with 4 safety guides to minimize incidence of risk and be able to effectively conduct a program with socially distant practices.
**WILDLANDS CONSERVANCY PROGRAM PARTICIPANTS REQUIREMENTS**

Daily Health Checks for Participants:

- Wildlands staff and volunteers will take the temperature of all program participants at check-in with a no-touch infrared thermometer and before they enter the facility. A fever for the purposes of this screening is ≥ 100.4°F. Individuals with fevers will not be admitted.
- We ask that you stay home and keep children home who display any signs of illness. We will dismiss anyone with a fever and respiratory symptoms (cough, runny nose, sore throat, shortness of breath, fast breathing) from participating.

Face Coverings

- **It is required** that everyone wears a cloth face covering (mask) that covers his or her nose and mouth while participating in specific portions of the Wildlands Conservancy Bike & Boat Adventures program, such as safety briefings and other segments where social distancing could not be maintained.
- **It is encouraged** that everyone wears a cloth face covering (mask) that covers his or her nose and mouth while participating in portions of the Wildlands Conservancy Bike & Boat Adventures program even when social distancing protocols are being met.
- Program participants must bring provide their own cloth masks.
- Disposable masks will be made available by Wildlands in case an individual’s mask becomes unusable.
- Wildlands staff and volunteers will frequently facilitate outdoor “mask breaks” for participants engaged indoors.
- Participants shall be allowed to remove masks while engaged in outdoor activities where they will remain at least 6 feet from each other, such as in canoes and on bikes.
- This distance will be enforced by Wildlands staff and volunteers.

Infection Controls

- Bike & Boat Adventures staff and volunteers are required to lead by example and guide strict hand washing/sanitizing hygiene at all times. This includes washing hands with water and soap for at least 20 seconds numerous times throughout the day, or using hand sanitizer as needed.
- Upon arrival, all participants must immediately wash or sanitize their hands.
- Good respiratory etiquette is required when sneezing, coughing or blowing nose by appropriately covering mouth and/or nose and immediately disposing of used tissues. Staff and volunteers will encourage and guide best practices.

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 Staff and volunteer members will wear gloves when assisting others with nose blowing, etc. and will dispose of used tissues immediately.
 Impacted surfaces will be cleaned, sanitized and disinfected throughout the day. Facilities will be routinely cleaned at the end of each program.
 Participant equipment will be color coded to each individual to minimize the spread of germs. This equipment will be touched only by them unless requiring a guide’s support. All supplies, etc. will be appropriately cleaned and disinfected before use by another person.
 We will limit items coming from home. Lunch box, water bottle, sunscreen, change of clothing, backpacks are acceptable.
 There will be no cooking activities.
 No food, snacks or drinks will be provided. Participants are expected to bring their own.

Social Distancing

 All program participants and staff and volunteers must adhere to the most recent social distancing guidelines as recommended by the Centers for Disease Control and Prevention (CDC) and Wildlands Conservancy policies. Wildlands staff and volunteers will monitor adherence to these guidelines and policies.
 All participants and staff and volunteers are expected to maintain at least 6 feet of personal space.
 If there is a time when 6 feet of social distancing cannot be maintained, all participants and staff and volunteers are required to take all applicable actions to minimize the risk of spreading germs, including but not limited to the infection controls noted above.
 To limit the mixing between groups of program participants, age minimums and small groups of 14 participants and 4 guides will be practiced. A staff to participant ration will not exceed 14:4.

In the event of an infection:

 Per CDC guidelines, Wildlands Conservancy will notify the parent/guardian of any program participant and other adult program participants as soon as staff is aware of a participant exhibiting symptoms of COVID-19. Staff will contact the parents/guardian by telephone first and if unsuccessful speaking to you in person we will leave a voice message and then send an email to the primary email address you provided.
 All other parents/guardians of participants and adult participants included in that small group will also be notified (without providing the name of the reported individual) that someone left the program with symptoms of COVID-19. Effective immediately the program will close until further notice.
If Wildlands is notified of a positive COVID-19 diagnosis at one of our facilities it will be closed. In the event the facility is not owned by Wildlands Conservancy, the owner or appropriate personnel will be promptly notified and able to follow up the organization’s response with their own policies and procedures.

Parents may be offered some sort of prorated refund at the discretion of the Vice President of Education.

Notification of Health Officials and Close Contacts

In accordance with state and local laws and regulations, Wildlands Conservancy administrators will notify local health officials, staff, and families immediately of any case of COVID-19 while maintaining confidentiality in accordance with the Americans with Disabilities Act (ADA).

Summary

- Staff and volunteers must wear a clean facemask at all times indoors and outdoors when in close proximity of Bike & Boat Adventures participants, such as safety briefings, launching, on-water rescues and safety gear checks.
- All staff and volunteers must check their temperatures before arriving to work. Anyone with a temperature ≥ 100.4°F and/or experiencing any symptoms of COVID-19 must stay home.
- All participants must check their temperatures before arriving to a program. Anyone with a temperature ≥ 100.4°F and/or experiencing any symptoms of COVID-19 must stay home.
- Participants, volunteers and staff with fever and/or respiratory symptoms (cough, runny nose, sore throat, shortness of breath, fast breathing) are expected to not show up for the program and will be sent home.
- Upon arrival, all staff, volunteers and participants must immediately wash or sanitize their hands.
- All equipment, materials, supplies, surfaces will be cleaned on a regular basis and sharing of such will be minimized as much as possible.
- A staff to participant ration will not exceed 14:4.

Please contact Scott J. Cope, Vice President of Education at sjcope@wildlandspa.org with questions or comments.