



www.wildlandspa.org  
610-965-4397, ext. 26

## Programs and Entertainment:

Lunch Program -  
**Lehigh Valley Heritage Museum**  
Step back in time and tour a colonial stone mansion! Participants will visit the Lehigh Valley Heritage Museum and learn the history of the Lehigh Valley from the Native Americans to present day!

Evening Entertainment:  
Concert in the Ice House at Sand Island.  
Chris "Breeze" Barcynski

## Meals:

Breakfast: Northampton Canal Park (Brother & Brother Catering)

Lunch: Lehigh Valley Heritage Museum (Yocco's the Hot Dog King)

Dinner: Sand Island, Bethlehem (The Belmont Inne)

## Tomorrow: Wednesday, July 1

Registration and Breakfast - 7:30 - 8:30  
Launch - 9:00 from Sand Island, Bethlehem

# Day 4: Tuesday, June 30, 2009

Northampton to Bethlehem • Canoeing/Kayaking • 10.2 miles

### Please note:

All **new Sojourners** must check-in at Wildlands Conservancy's Lehigh River Sojourn registration table upon arrival.

**IMPORTANT:** Any participant paddling any type of kayak is required to have and wear a helmet.

### DAILY PLAN:

**Break Camp and load into personal vehicle or box truck. Participants can load dry clothes into box truck to use when being shuttled back to starting point.**

**7:00 - 8:00 a.m.** Breakfast and Registration at Northampton Canal Park

**8:00 a.m.** Safety Briefing - All participants are required to attend the daily safety briefing and wear a USCG-approved Type III personal floatation device (PFD) at all times on the river.

**8:30 a.m.** Launch from Northampton Canal Park. Participants leave their personal vehicle at Northampton for the day. Wildlands Conservancy will shuttle drivers back to Northampton at the end of the day to pick up their vehicles.

**Around noon** Lunch and education program at Lehigh Valley Heritage Museum

**4:00 - 6:00 p.m.** Take-out location: Sand Island, Bethlehem. End time depending on river conditions.

**Drivers only** board shuttle to pick up personal vehicles in Northampton. Drive back to Bethlehem for dinner and evening activities.

**7:00 p.m.** Ice House Concert; Open to the public; free of charge

**Support Wildlands Conservancy. Take an active role in preserving, protecting, restoring and enhancing the Lehigh River valley. Visit [www.wildlandspa.org](http://www.wildlandspa.org) on how you can help!**